

## Discipleship Resources

Multiple discipleship curricula and programs are used inside youth facilities, jails, and prisons. Please email [karen.swanson@wheaton.edu](mailto:karen.swanson@wheaton.edu) to share any materials you have found to be effective.

### Spiritual Growth

[\*5 Stages of Spiritual Growth. pdf\*](#)

[\*Spiritual Growth Tip Sheet pdf\*](#)

[\*Think Again: Resilience That Produces a Return on God's Investment\*](#) **Free Discipleship Resource** focusing on spiritual growth, written by Don Allsman. The book is also available in Spanish: [\*Think Again\*](#)

### Scripture Engagement

[\*Bible Study 101 \(NAV\) pdf\*](#)

[\*Taking Your First Steps as a Follower of Jesus Christ by Claude V. King pdf\*](#)

[\*Your Spiritual Journey pdf\*](#)

### Correspondence Courses

***Crossroads Prison Ministry***

<https://cpministries.org>

***Emmaus Prison Ministry***

<https://emmausworldwide.org/pages/prison>

### Curriculum

***Gorilla Gospel and Gorilla Bible Studies***

<https://bobekblad.com/store/>

### Free Resources

***Our Daily Bread Ministries Resources***

<https://odb.org/>

### Prayer

[\*Praying Scripture pdf\*](#)

