

*The Journey:  
Trauma, Addiction, Recovery, and the Bible*





# Task Force



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# How did we get here?

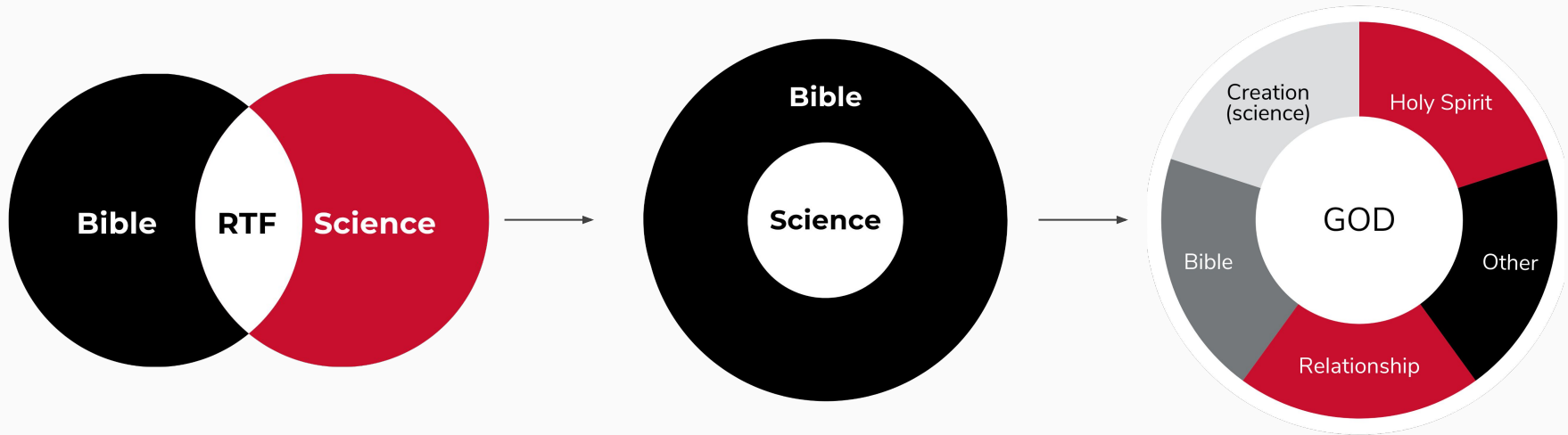
- Foundation built on faith in Jesus Christ
- The jail setting is full of individuals suffering from chronic and complex trauma, as well as addiction.
- How do we as a Christian ministry respond?

*“I can assume that about 98% of our inmates are suffering from addiction.”*  
-Branch County Sheriff

## Objectives for this work:

- To provide continuity with RTF’s mission, vision and values while addressing issues of trauma and addiction
- To see this work through a biblical worldview while being:
  - Scientifically informed (evidence based), contextually relevant, and community based

# The Journey: Bible and Science



# Bible

Creation



Fall



Redemption

***How do we as a Christian ministry respond?***

- *2 Timothy 3:16*
- *Romans 7:19-25*
- *Philippians 4:8*
- *Colossians 3:2*

*Could it be that recovery work is a process of sanctification?*

# Trauma

*Trauma is what happens inside of someone as a result of what happened to them. It leaves a lasting imprint on a person.*

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- *Acute, Chronic, and Complex Trauma*
- *When can trauma take place?  
What can it look like?*
- *ACES and Statistics*
- *How can we help individuals who are incarcerated start their journey of healing from trauma?*



# Addiction

- *Moral failure or disease?*
  - *Spiritual and/or Medical condition?*
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- *Trauma and Addiction*
  - *Predisposition & Epigenetics*
  - *Dependence vs. Disease*
  - *How to treat addiction, both medically and spiritually*





# Recovery

*Both a process and a sustained status*

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- *Early, continual, and long-term recovery*
- *Recovery work as all-encompassing*
- *One size fits all?*
- *Addiction isolates, recovery connects.*



# Stay Connected



@RTFjailministry



@Reachtheforgotten

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